

Uncovering Fear's Three Favorite Hiding Places

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2 Timothy 1:7, ICB – God did not give us a spirit that makes us afraid. He gave us a spirit of power and love and self-control.

Characteristics of Fear

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Genesis 2:18, NIV - The Lord God said, "It is not good for the man to be alone."

- _____

- _____

Fear preys on me _____ to rob me of _____

Psalms 18:28b, NIV – My God turns my darkness into light.

Fear's Three Favorite Hiding Places

1. Fear loves to hide _____

John 8:44b, NIV – [Jesus said,] "He (Satan) was a murderer from the beginning, not holding to the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies.

Luke 4:13, NIV – When the devil had finished all this tempting, he left him until an opportune time.

How can I uncover and expose the lies of the enemy? By _____

Psalms 119:160, NIV – All your words are true. All your righteous laws are eternal.

Psalms 119:105, NIV – Your word is a lamp for my feet, a light on my path.

John 8:12, LB – Jesus said to the people, "I am the Light of the world. So if you follow me, you won't be stumbling through the darkness, for living light will flood your path."

John 14:16-17, NIV – [Jesus said,] "And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you."

John 16:13, NCV – [Jesus said,] "But when the Spirit of truth comes, he will lead you into all truth."

2. Fear loves to hide _____

The key to uncovering and overcoming emotional fears is _____

Three Kinds of Presence that Comforts the Heart

- _____

Isaiah 41:10, NIV – So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Isaiah 42:16, ICB – Then I will lead the blind along a way they never knew. I will guide them along paths they have not known. I will make the darkness become light for them. And I will make the rough ground smooth. These are the things I will do. I will not leave my people.

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Matthew 10:29-31, NLT – [Jesus said,] “What is the price of two sparrows—one copper coin? But not a single sparrow can fall to the ground without your Father knowing it. And the very hairs on your head are all numbered. So don’t be afraid; you are more valuable to God than a whole flock of sparrows.

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Deuteronomy 31:6,8, NIV – Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you. ...The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

3. Fear loves to hide _____

The key to uncovering fear in the soul is to _____

Mark 4:35-40, NIV – That day when evening came, he said to his disciples, “Let us go over to the other side.” Leaving the crowd behind, they took him along, just as he was, in the boat... A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, “Teacher, don’t you care if we drown?” He got up, rebuked the wind and said to the waves, “Quiet! Be still!” Then the wind died down and it was completely calm. He said to his disciples, “Why are you so afraid? Do you still have no faith?”

Reflection

Where in my life am I believing a lie over God’s truth?

Where am I walking alone and hiding instead of in God’s presence and with others?

Where am I choosing fear over faith?