

## How to Deal with Sin, Part 1: Resisting Temptation

February 12, 2023

*1 Samuel 16:7, NIV – But the Lord said to Samuel, “Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart.”*

Fast Facts about King David:

*Main Passage: 2 Samuel 11:1-17, 26-27*

### Life Lessons on Resisting Temptation

#### 1. Temptation comes from \_\_\_\_\_

*James 1:13-14, NLT – And remember, when you are being tempted, do not say, “God is tempting me.” God is never tempted to do wrong, and he never tempts anyone else. Temptation comes from our own (broken/corrupt) desires, which entice us and drag us away.*

*Deuteronomy 17:17a, NIV – “[The king] must not take many wives, or his heart will be led astray.*

#### 2. \_\_\_\_\_ temptation

*Luke 4:13, NLT – When the devil had finished tempting Jesus, he left him until the next opportunity came.*

*1 Corinthians 10:11-12, LB – All these things happened to them as examples—as object lessons to us—to warn us against doing the same things; they were written down so that we could read about them and learn from them in these last days as the world nears its end. So be careful. If you are thinking, “Oh, I would never behave like that”—let this be a warning to you. For you too may fall into sin.*

*James 4:7, NIV – Submit yourselves, then, to God. Resist the devil, and he will flee from you.*

*Galatians 5:16, ICB – So I tell you: Live by following the Spirit. Then you will not do what your sinful selves want.*

### **3. Temptation** \_\_\_\_\_

*1 Peter 5:8, NLT – Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour.*

*2 Samuel 11:1, NIV – In the spring, at the time when kings go off to war, David sent Joab out with the king's men and the whole Israelite army...but David remained in Jerusalem.*

*Proverbs 18:1, ESV – A man who isolates himself seeks his own desires; he rages against all wise judgment.*

*Hebrews 4:15, CEV – Jesus understands every weakness of ours, because he was tempted in every way that we are. But he did not sin!*

*2 Thessalonians 3:3, NCV – The Lord is faithful and he will give you strength and will protect you from the Evil One.*

### **4.** \_\_\_\_\_

*1 Corinthians 10:13, NLT – The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.*

*James 1:12, NLT – God blesses those who patiently endure testing and temptation. Afterward they will receive the crown of life that God has promised to those who love him.*